### County of San Luis Obispo

**Employee Safety** 

# County's Safety Philosophy

- We value our employees' and clients' health, safety and security.
- · Safety is a shared responsibility.
- Accident Prevention is preferred over Incident Investigation.

### So, The County Will

- Provide healthy, safe, and secure County work environments.
- o Promote Safety
  - Awareness
  - Attitude
  - Accountability
- o We DO safety, not just talk about it.

### Get Up!

- Been Sitting Awhile?
- Will you be doing a "DESK JOB"?
- Workstation setup is important.
- Periodic 'stretch breaks' are your third safety assignment.
  - (first assignment is to read/ listen to the safety information pertinent to your job)

### The Law

- The Occupational Health and Safety Administration (OSHA) has laid down the law:
  - Each employer shall furnish to each of his employees employment and a place of employment which are free from recognized hazards that are causing or are likely to cause death or serious physical harm to his employees. (OSH Act 1970 section 5(a))

### OSHA Also said ...

 Each EMPLOYEE shall comply with occupational safety and health standards and all rules, regulations, and orders issued pursuant to this act which are applicable to his own actions and conduct. (OSH Act 1970 section 5(b))

# California provides even greater worker protection:

- o CalOSHA says, (among other things):
- Every employer shall establish an Injury & Illness Prevention Program, including a system for ensuring that employees comply with safe and healthy work practices. (Title 8 CCR section 3203(a)(2))
- Translated We are not allowed to let you work unsafely.

# Safety in SLO County Safety Commission Safety Officer Department Heads Supervisors You

### Safety Tools

- o Safety Website
- o Safety Modules
- o Periodic Training
- o Safety Programs IIPP
- o Hazard ID forms
- o Job Safety Analyses (JSAs)
- o Safety Reps
- o Safety Officer

### Safety Website

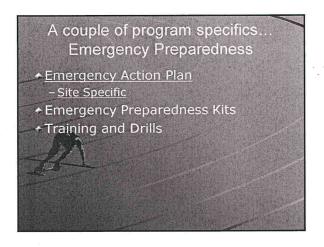
- o Policies and Responsibilities
- o County-wide Safety Programs
- o County Safety Metrics
- o Your Department's Safety Page
- o Safety Committee Membership
- o Forms
- o Links to regulations

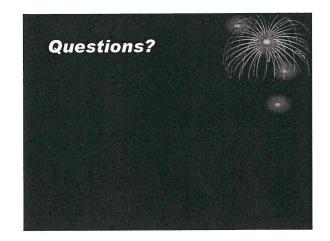
### Our Responsibility to You

- o Promote a pro-safety work environment
- o Create written safety programs
- Evaluate the workplace for hazards on an ongoing basis.
- o Mitigate identified hazards
- o Provide appropriate Personal Protective Equipment (PPE) at no cost to employees.
- o Always seek to improve.

Your Responsibility to You (and your co-workers)

- o Be aware of potential hazards
- Learn safe procedures for completing the job
- o Follow the protocols
- o Use the tools and PPE provided
- o Advise us of new hazards
- o Stop unsafe work





### **Contact Us**

- · County Safety Website
  - Type 'slocounty/safety' in internet address box (no http or www needed)
  - Click "Ask the Safety Officer"
- County Safety Officer
  781-5092 or jschwind@co.slo.ca.us
  Safety Commission Chairperson
  - Denis Philbin, 781-5203 or dphilbin@co.slo.ca.us
- · Your Safety Commission Representative
  - See list on Safety Website
- · Human Resources
  - Ask for Bonnie Scott, 781-4301 or bscott@co.slo.ca.us

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# **Online Stretches**

I minute

No matter how fast your modem, you're always waiting for something to load while online. (This will probably never change, for even as moderns get faster and faster, files get larger and larger.) These stretches are for your upper body, especially neck, shoulders, and wrists.

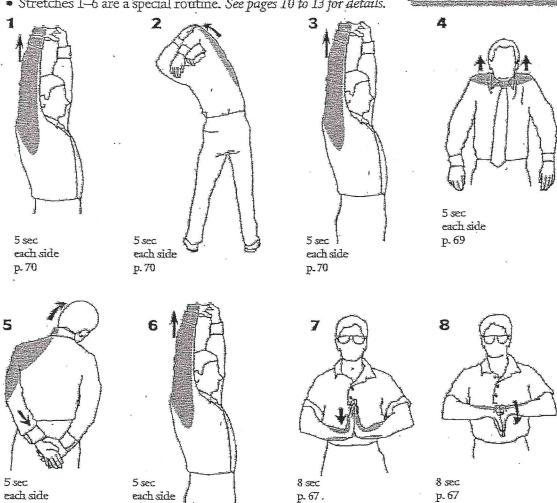
- · Whenever you are reading online, and not using the keyboard or mouse, you can do upper body stretches using both arms.
- After you follow this program a few times, you'll know these stretches by heart; thereafter do them frequently while online.

• Stretches 1-6 are a special routine. See pages 10 to 13 for details.

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If there isn't time to do them all at one time, break the routine into short combinations: 1, 2, 3 of 4, 5, 6 of 7, 8.





## COUNTY OF SAN LUIS OBISPO

Administrative Office Room 370 County Government Center, San Luis Obispo, CA 93408 Telephone: (805) 781-5011

# EMPLOYEE HAZARD REPORT

PLEASE DO NOT LEAVE ANY BLANKS AND PRESS HARD WHEN COMPLETING TO ASSURE LEGIBILITY OF ALL THREE COPIES

TO:	DEPARTMENT/DIVISION:						
	I BELIEVE TO BE A HAZARD THAT ( E TO COUNTY PROPERTY, OR INJUR	COULD CAUSE EMPLOYEE Y/ACCIDENT TO A PUBLIC PATRON ON					
THAT HAZARD IS: (Describe the haze	ard in detail, including exact location. Use	e additional page if necessary.)					
	RECTIVE ACTION:						
S. S. C.							
GIVE COMPLETE SET (WHITE, YELLOW AND PINK) TO YOUR SUPERVISOR.							
EMPLOYEE (Type or Print)	SIGNATURE	DATE REPORT PREPARED					
(For Supervisor Use Only)							
RECORD YOUR ANALYSIS AND/OR	CORRECTIVE ACTION TAKEN WITI	HIN 5 WORKDAYS					
SUPERVISOR (Type or Print)	SUPERVISOR'S SIGNATURE	TITLE					

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